

Link to SCARF resources

As a school we subscribe to a PSHCE programme called SCARF (the children will be aware of it, as it is what we use to deliver our PSHCE lessons)

They are providing parents with some daily support and activity ideas that you may find useful to go through with your children via the link below:

[Supporting children's mental health - Harold's Daily Diary](#)

Harold the giraffe is posting daily ideas for creating routines and the different things that children (supported by parents/carers) can do to keep happy and healthy – including looking after their emotional health.

[**Check out Harold's Daily Diary!**](#)

We've added more support for parents, including signposting to online safety resources as well as ways of helping children cope with anxiety caused by COVID-19's impact.

[**See our guidance and support for parents**](#)