



Natural Flair Coaching Ltd

In Partnership with

ASPECTS Family Support Team



3 Steps To Effective Parenting! **Rules, Routines and Consequences**

This session is delivered using zoom

An online workshop for parents & carers of children; EYFS2, KS1 and KS2

Delivered by one of Hertfordshire's Top Parent Coaches and winner of Parent Coach of The Year 2015.

Sharon Lawton

Topics covered include:

Tried and tested tips on motivation and discipline strategies that work

Tips on boundary setting, conflict and dealing with feelings

The power of positive language

Strategies and practical tips on taking the "No" out of their vocabulary and feeling more positive in our approach

Morning routines and setting routines that work!



Time: 7.00pm to 9.00pm

Date: Tuesday 26th January 2021

Venue: Log on to this virtual workshop via a secure link in the comfort of your own home using zoom video conferencing

**Price: £5.00 payable by BACS
(concessions available)**



**For further information and to book please email
admin@aspects.org.uk
Or call Jo on 01279 758134**