



Your Teen & Drugs Facts you need to know!

- **Prevent your child getting involved**
- **Signs to look for**
- **Where to go for help**

Come and find out all you need to know about keeping YOUR child safe and what to do if you think they might be involved in substance misuse.

This event is for parents of 11-15 year olds and is delivered by a trained Unplugged© facilitator. The two hour interactive event will focus on facts around substance misuse, different types of drugs and how we can best support our teens and equip them with information to make sensible choices.

You will be aware from newspapers, social media and school communications that there is a growing problem in our local area with more teens becoming involved with the misuse of both legal and illegal substances. Schools work hard to educate pupils about the effects of drugs and how to make sensible, informed choices but our young people need their parents to understand too.

#myth-buster 1

You have to be an expert to talk about drugs.



FALSE

- You don't need to be a drug expert to talk to your child about making sensible choices.
- Learning about alcohol units and basic drugs information will help.
- Go to www.talktofrank.com to find out more.



DATE : Wednesday 18th March 2020 **TIME:** 7PM-9PM **PRICE:** £8.00 per person

VENUE

Birchwood High School
Parsonage Lane, Bishops Stortford CM23 5BD



Booking is essential as spaces are limited.
Please contact Jo at Aspects on 01279 758134 or
Email: admin@aspects.org.uk